

## Grateful Patient Program

Making a donation is a rewarding way to express your gratitude while changing lives. Your gift can contribute to someone's healing process, provide a patient with the ability to pay for their treatment, or help to transform the Hospital through funding for construction, equipment, and medical technological advancements.

Our Grateful Patient Program provides a way for patients to express their gratitude while making a lasting impact. If you or a family member is a "grateful patient" of CHRISTUS Santa Rosa, we encourage you to share your story with us and consider making a donation to the Friends of CHRISTUS Santa Rosa Foundation.

There are many ways to express gratitude, but nothing compares to impacting the lives of those around you in a positive way. If you are interested in making a donation, please visit [FriendsFoundation.org](http://FriendsFoundation.org) for more information.

We value the opinions and feedback of our patients, and love hearing about how CHRISTUS Santa Rosa has impacted lives, whether it be a positive experience with a doctor, nurse, chaplain, or another member of Hospital

staff, or life-changing care received through a specific program or community outreach initiative.

How has CHRISTUS Santa Rosa made a difference in your life? Share your story with us at: [FriendsFoundation@ChristusHealth.org](mailto:FriendsFoundation@ChristusHealth.org).

Thank you for being a part of our valued CHRISTUS family!



## CHRISTUS SANTA ROSA Friends Foundation

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SANTA ROSA  
Friends Foundation

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# Here for Life

FRIENDS OF CHRISTUS SANTA ROSA FOUNDATION

Clinical Pastoral Education Program, Extending the Healing Ministry for 35 Years



Mary Davis, director of spiritual care and CPE (Bottom Right) with the CPE residents of 2015/2016

As a faith-based organization, CHRISTUS Santa Rosa Health System believes in attending to the whole person by providing physical, mental, and spiritual care for our patients.

The Clinical Pastoral Education Program (CPE) provides professional education to residents who wish to become certified chaplains or to seminary students who seek a unit of CPE to enhance the ministerial dimension of their theological degrees.

Throughout the program, residents learn necessary communication skills, receive interpersonal formation, and integrate their pastoral identity and professional functioning, while interacting closely with patients and families.

"Having CPE Residents allows CHRISTUS Santa Rosa to provide ministry to more patients, families, Associates, and physicians across our facilities and in varied services lines," said Mary Davis, regional director of spiritual care and director of CPE. "Many patients enjoy receiving ministry from persons studying clinical ministry, and the residents are humbled to be received so openly by persons in need."

"Our focus is tending to the spiritual needs of our patients in order to improve their quality of life. It is a vocation, not just a job," said Jeremy Miller, current CPE resident.



CPE residents enjoy an educational experience in the SIM Lab as part of their program training.

In 2015, the Friends of CHRISTUS Santa Rosa Foundation provided funding for the CPE program to establish a permanent classroom, allowing classes to become more accessible and convenient. Each resident now has individual desk space and access to a library of resources.

With 399 graduates to date, this accredited Graduate Medical Education program is preparing to celebrate its 35th anniversary in October. The anniversary celebration will honor program alumni by recognizing their various accomplishments. Graduates of the program have gone on to serve in health, education, community, and church ministries throughout the United States and numerous countries.

"The CPE program is not only beneficial for CHRISTUS Santa Rosa, but it benefits the San Antonio community by training chaplains who will extend their healing ministry throughout San Antonio and beyond," said Dennis P. Gonzales, Ph.D., regional vice president of mission integration for CHRISTUS Santa Rosa Health System. "As the health care industry grows, it becomes more difficult to find the resources to grow vital programs such as the CPE program. Any additional support to the program would be a blessing and would provide an avenue for the program to continue to be successful for another 35 years."

## 2016 CHRISTUS Santa Rosa Associate Giving Campaign

In April, CHRISTUS Santa Rosa Health System began the 2nd Annual region-wide Associate Giving Campaign. During the campaign, Associates were encouraged to make a pledge to raise critically needed funds for essential programs, scholarships, equipment, construction, and more.

Participating Associates had the option to designate their pledge to a specific CHRISTUS Santa Rosa Hospital of choice. Our outstanding Associates recognize the needs of the Health System and value the opportunity to support the efforts of CHRISTUS Santa Rosa. They enthusiastically

took on the challenge to meet their Hospital's fundraising goals and even developed friendly internal competitions between departments.

As we build a culture of philanthropy among CHRISTUS Santa Rosa Associates, our hope is that we will inspire the community to give as well.

"In order for us to be our best in our ministry, financial support from our community is essential. Associate support is a catalyst which greatly encourages community giving," said Ken Haynes, president and CEO of CHRISTUS Santa Rosa Health System.

"This campaign provides our Associates with an opportunity to show the community that we stand behind and value philanthropy in our health system," said Adriana Vallejo, hospital champion, Medical Center.

Thank you to everyone who donated and chose to make a difference in the lives of our patients!



Associates representing CHRISTUS Santa Rosa - New Braunfels

## SAVE THE DATE



FRIDAY, JUNE 3, 2016  
HYATT HILL COUNTRY GOLF CLUB | 12 p.m.

Join the Friends of CHRISTUS Santa Rosa Foundation on the green to help fund comprehensive health and wellness programs at CHRISTUS Santa Rosa Hospitals.

For more information, call 210.704.8808 or email [FriendsFoundation@ChristusHealth.org](mailto:FriendsFoundation@ChristusHealth.org).

6TH ANNUAL  
NATIONAL SPEAKERS  
LUNCHEON

Honoring  
Veronica and Ruben Escobedo

Wednesday, September 14, 2016  
11:30 a.m. Registration  
12:00 p.m. - 1:30 p.m. Lunch

For more information about sponsorship opportunities and individual tickets, please call 210.704.8808 or email [FriendsFoundation@ChristusHealth.org](mailto:FriendsFoundation@ChristusHealth.org).

### CONNECT WITH US:

[FriendsFoundation.org](http://FriendsFoundation.org)

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New Braunfels

Meet Carolyn Cox, Patient Advisory Board

An important part of what makes a difference in the care provided at CHRISTUS Santa Rosa Hospitals is the hard work, loyalty, and dedication of its Associates and volunteers.

Carolyn Cox has dedicated 42 years of her life to CHRISTUS Santa Rosa Health System. She began her career at CHRISTUS Santa Rosa in 1974 as a secretary and held several roles of increased responsibility over 32 years, ultimately serving as vice president of marketing and communications for the Health System.

"It was truly a fantastic career," Carolyn said, "I've always said I've only fallen in love twice – first, with my husband, Ray, and second with CHRISTUS Santa Rosa."

Carolyn retired in 2006, and began volunteering at CHRISTUS Santa Rosa Hospital – New Braunfels (CSRH – NB), at the front desk where she greets and escorts patients.

"As much as we loved retirement, Carolyn missed her connection with the Hospital," Ray said. "She has always wanted to do good work in the world. Carolyn considers CHRISTUS Santa Rosa her extended family – she always has. As a volunteer, she is able to stay involved with the Hospital and the people she loves there."



Carolyn (Right) and her husband Ray Cox (Left) are proud CHRISTUS supporters, volunteers, and patients.

recommending options for healthy food, adding a sidewalk from the Hospital's front entrance to the street, and installing clear signage at the emergency room entrance to help visitors find the drop-off area for emergency room patients.

"I truly love it here. I love the people here and I value the care here," said Carolyn. "It's really different than other organizations and I think that stems from the caring spirit of the Sisters. I'm so grateful that I'm able to continue my work here – clearly, I was not finished."



Carolyn Cox (Right) and Mary Cabello, patient access representative, volunteering at the front desk of CHRISTUS Santa Rosa - New Braunfels.

Carolyn was recruited to lead the Patient and Family Advisory Council at CSRH – NB, a role she has held for two years. The Council works as a liaison between patients and administration, bringing ideas and suggestions to CHRISTUS Santa Rosa leaders from the perspective of patients.

"I get so much enjoyment out of leading the Advisory Council," Carolyn said. "Administration comes to us with a number of questions and we've really been able to make a difference. It's so wonderful to see our work come to full fruition for our patients."

CSRH – NB has already made several changes based on suggestions and ideas from the Advisory Council, including

Medical Center

Enhancing Environments to Provide the Best Care for Geriatric Patients

The team in the Senior Behavioral Health Center (SBHC) at CHRISTUS Santa Rosa Hospital – Medical Center (CSRH – MC) continues its mission every day to provide the best, most compassionate care for geriatric patients. The 19-bed unit provides short-term inpatient services to seniors ages 65 and older who are experiencing mental health crises and require psychiatric treatment.

"We want to help our patients achieve maximum functionality and potential, while improving quality of life," said Roark Hayes, program director for the SBHC. "We have a great team of knowledgeable, experienced psychiatrists and clinical staff who provide treatment through psychotherapy groups, recreational activities, individual therapy, music therapy, medicine management, and more."



Linda Wenck, recreation therapist, paints her patient's fingernails.

The Friends Foundation is currently seeking funds for new flooring that will greatly enhance the healing environment in the SBHC. This geriatric-friendly flooring is faux-wood, non-slip, and non-glare, which will help patients with issues such as glaucoma and depth perception difficulties.

"The new flooring is extremely necessary," added Hayes. "It will provide a safer, warmer, more pleasing environment for our patients. We are grateful to the Friends Foundation and to our donors for helping us enhance resources that allow us to continue providing the best possible care."



Roark Hayes, Program Director; Veronica Cabrera, MHT; Laurann Barborak, RN; Denise Patterson, RN; Linda Wenck, Recreation Therapist; Xavier Chapa, Unit Secretary

Community  
Spotlight

We are so grateful for the amazing donors and volunteers who help make CHRISTUS Santa Rosa Health System the best it can be. The compassion and commitment of those who work alongside us in this ministry is truly admirable. Every hour of time given and every dollar donated makes a huge difference in the lives of our patients and in our community. Sending a special thank you to the Junior League of San Antonio, the Knights of Columbus, and to all of our donors who supported us during The Big Give S.A. Thank you for all that you do!



Junior League Volunteers

On Saturday, January 9, volunteers from the Junior League of San Antonio joined the Friends Foundation at CHRISTUS Santa Rosa Hospital-Medical Center to help clean and update its Serenity Pond. Volunteers helped stain more than 15 wooden benches, as well as the wooden bridge, and cleaned up flower beds and pots. The updated Serenity Pond is used by patients and their families every day as a place of peace and relaxation.

Westover Hills

Secondary Cardiac Catheterization Lab Improves Quality Care

In 2011, the Friends Foundation donated its largest gift to date of \$1 million to fund the expansion of the Cardiac Catheterization (Cath) Lab at CHRISTUS Santa Rosa Hospital – Westover Hills (CSRH – WH). This gift provided a second procedure suite which made it possible to better serve the community by allowing more patients to receive the best quality of care. The Cath Lab has since continued to grow, bringing the first open heart and cardiovascular programs to the Westover Hills community. Since 2013, the lab has seen an increase of 28% in patient volume and is able to see 25 – 30 patients per week.

According to Kenneth Perry, director of cardiology services at CSRH - WH, the new room has greatly improved the patient experience and satisfaction level.

"The donation we received from the Friends Foundation has allowed us to grow tremendously, which has helped us attract outstanding physicians to our program. We now have eight cardiologists working in the lab on a regular basis," said Perry. "We are very grateful for the generosity of the donors who made it possible for us to better care for our patients."



Kenneth Perry, director of cardiology services (Left) and Santos Berrios, RCIS (Right) discuss collected data in the new Cath Lab.



Wheelchair Donations

On December 10, The Knights of Columbus, a fraternal benefit society, donated 250 wheelchairs to CHRISTUS Santa Rosa Health System on behalf of the American Wheelchair Mission. Funds for the wheelchairs were raised by local chapters of the Knights of Columbus. The generosity of the Knights of Columbus and the American Wheelchair Mission is continuously impacting the lives of hundreds of our patients and their families.

Big Give SA

Thank you to everyone who participated in The Big Give S.A.! You helped raise more than \$3.6 million for hundreds of non-profit organizations in Bexar and surrounding counties. We are so grateful to our donors who raised \$520 for the Friends Foundation! These donations will help fund innovative programs, health and wellness initiatives, community outreach programs, equipment and more at Christus Santa Rosa Health System.



Through the efforts of the Friends Foundation, CHRISTUS Santa Rosa Hospitals in the South Texas Medical Center, at Westover Hills and in New Braunfels have been able to enhance programs, provide new equipment and support outreach efforts upholding the ministry of this faith-based, non-profit health care organization.

If you are interested in supporting our cause with a monetary donation, you may call 210.704.2800 Monday - Friday, 8 a.m.- 5 p.m. or visit us online at FriendsFoundation.org.

You can now text to donate. It's as easy as 1, 2, 3!

- 1 Create a text message to 41444
- 2 Text: FRNDS, Your Name, and Donation Amount (ex: FRNDS Mary Donor \$100)
- 3 Send

Should you no longer wish to receive fundraising mail from the Friends of CHRISTUS Santa Rosa Foundation, please call our office at 210. 704.2800, email us at FriendsFoundation@ChristusHealth.org, or write us at Friends of CHRISTUS Santa Rosa Foundation, 100 Northeast Loop 410, Suite 706, San Antonio, TX, 78216.